

Choose Wisely

Cancers of the Soul - Anger

_____ get angry

_____ gets angry at sin and evil. His anger is just – the only fair response to something that is wicked and wrong and goes against all that God stands for in his holiness and mercy. (Romans 1:18, Psalm 6:1,4)

_____ also gets angry in ways that are very ungodly. Because he is an enemy of God, and “armed with cruel hate”, he accuses Christians, tempts us to sin and does all sorts of despicable things just because he is our enemy as well.

What Makes You Angry?

Feeling _____

Feeling _____

Feeling _____

How Do You React When Angry?

Keeping it _____

- Hurting ourselves emotionally and _____
- _____ from _____
- _____
- _____

_____ out

- _____ others
- _____ others
- _____
- _____
- _____

What Do The Scriptures Say?

Proverbs 29:22 - An angry man stirs up dissension, and a hot-tempered one commits many _____.

Ephesians 4:30-31 - Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

How Can You Deal With Anger?

1. Guard your _____

Proverbs 15:1 - A gentle answer turns away wrath, but a harsh word stirs up anger.

2. Guard your _____

Proverbs 4:23 - Above all else, guard your heart, for it is the wellspring of life.

Colossians 3:5-8 - Put to death, therefore, whatever belongs to your earthly nature... 7 You used to walk in these ways, in the life you once lived. 8 But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.

Ephesians 4:26,27 - "In your anger do not sin: Do not let the sun go down while you are still angry, 27and do not give the devil a foothold.

3. Renew your _____

Ephesians 4 - You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

4. Forgive as _____ you

Ephesians 4:31,32- Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Who do you want to reflect _____ or _____?