

Becoming a Congregation Like Jesus

(Part 3 – Self Control)

Text: 1 Peter 5:8a, 1 Thes 5:6,8, 2 Tim 4:5, 1 Pet 1:13, 4:7

Main Idea: As we grow in self-control we will grow in godliness!

1. **The Basis:** Only those who have been _____ can truly exercise self-control over the allurements of the world. (John 3:3-8, Gal 5:23, 1 Jn 2:16, 2:3-5, 3:9)

2. **The Motivation:** Our greatest motivation for self-control is _____ of the Lord & _____ for Christ. (2 Cor 7:1, Jer 32:40)

3. **The Extent:** Honor God with our _____ lives! (1 Cor 6:12)
 - **Bodies:** Control 3 major temptations: _____, _____ & sexual _____. (Tit 1:12, 1 Cor 10:31, 2 Thess 3:10, 1 Thess 4:3-5)
 - **Thoughts:** Take every thought _____. (Job 31:1, 2 Cor 10:5, Phil 4:8, Prov 4:23)
 - **Emotions:** Curb ungodly feelings: uncontrolled _____ & rage, resentment, self-pity & bitterness. (Prv 16:32, Eph 4:31)
 - **Words:** Control what comes out of our _____. (James 3:2)

4. **The Method:** We must continue to _____ in self-control by training ourselves.
 - _____ yourself & your struggles. (Rom 12:3, Prov 27:12)
 - Take _____ to avoid sin and grow in holiness.
 - 1) To the best of our ability control your environment & _____. (1 Cor 15:33)
 - 2) Be faithful to use the spiritual means of God's grace: _____, Corporate _____, Christian _____, & _____.
 - Repress & _____ temptations with godliness.