



Living Beyond Yourself

A Study Through Ephesians

Part 21 Bitterness vs. Kindness

Proverbs 18:21 – There is life and death in the power of the tongue. You _____!

Ephesians 4:31,32

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

The Negative Command

- Get rid of _____ - (_____)



There are two types of bitterness:

- Bitter _____
- Personal _____

Hebrews 12:15-16 - See to it that no one misses the grace of God and that no bitter root grows up to cause trouble and defile many.

- Get rid of _____ (_____)



This is momentary _____, the anger which _____.

5:19 – The acts of the sinful nature...fits of rage.

- Get rid of _____ (_____)



Proverbs 29:22 - An angry person starts fights; a hot-tempered person commits all kinds of _____.

- Get rid of _____ (_____)



Proverbs 15:1 - A _____ answer turns away wrath, but a harsh word stirs up anger.

- Get rid of _____ (_____)



"Slander is worse than _____"

- Get rid of _____ (_____)



Proverbs 26:24 - A malicious man disguises himself with his lips, but in his heart he harbors deceit.

The Positive Alternative

- Be _____ (_____)



Proverbs 15:4 - Kind words heal and help; cutting words wound and maim.

- Be _____ (_____)



1 Peter 3:8-12 - ...be sympathetic, love as brothers, be compassionate and humble.

Our Motivation

- We have been _____ (_____)



Romans 2:4 - Or do you show contempt for the riches of his kindness, tolerance and patience, not realizing that God's kindness leads you toward repentance?